



daytime menu

AVAILABLE
12~4pm

NIBBLES - CHOOSE 3 FOR £5

CRISPY MUSHROOMS & GARLIC MAYO £3.25v | MINI BOWL OF CHEESY NACHOS, SALSA & SOUR CREAM £2.75v | SALT & PEPPER SQUID £3.25
MUSTARD & CHILLI ROAST CHIPOLATA SAUSAGES £2.50 | CAJUN SPICED ONION RINGS & REGGAE REGGAE SAUCE £2.50v
CHAR GRILLED FLAT BREAD & CORIANDER HUMMUS £2.75v | MARINATED OLIVES & FETA CHEESE £2.25v

SMALL PLATES

PRAWN & AVOCADO COCKTAIL, smoked paprika aioli & pickled cucumber	£5.95
PEPPERED CREAMED MUSHROOM POT, toasted brioche	£5.95v
CHAR GRILLED LAMB, CORIANDER & JALAPENO SKEWERS, yogurt, cumin & red onion salad	£5.95
HOMEMADE BEANS ON TOASTED BRIOCHE, grated gruyère & poached egg	£4.95v

PROPER FOOD

STICKY TERIYAKI PORK BELLY, wasabi mash, bok choy, ginger & coriander	£8.95
OPEN LASAGNE of gorgonzola, spinach, mascarpone, marjoram & walnuts	£7.95v
HALF A WHOLE PERI PERI ROAST CHICKEN, homemade fennel coleslaw & fries	£9.95
SEAFOOD RISOTTO, poached salmon, crayfish & cod, peas, broad beans & parmesan	£8.95
CHAR GRILLED BACON CHOP, minted mushy peas, fries & fried eggs	£7.95
MUSHROOM, MARSALA & CHESTNUT STROGANOFF, smoked paprika, sour cream, brown rice	£7.95v
SLOW COOKED LAMB SHANK SHEPHERD'S PIE, peas, beans & carrots	£8.95
ROAST CHUNK OF COD, buttered mash, ragout of wild mushrooms & bacon	£10.95
PENNE PASTA, spicy sausage, black olives, roast tomato & oregano sauce	£7.95
CHAR GRILLED RIB EYE STEAK & CHIPS, creamed garlic mushrooms, baby onions & pancetta	£14.95

BURGERS

all served in a seeded soda bun, with crisp iceberg, tomato, mayo, gherkin & fries.

SPANISH TRIPLE PORK BURGER, pulled pork, chorizo & bacon, manchego cheese, roast pimento aioli	£9.95
PORT & STILTON BURGER, 8oz prime beef burger, melted aged blue cheese & port caramalised onions	£9.50
JERK CHICKEN BURGER, mango & coriander salsa, crisp iceberg & yogurt	£8.95
SPICY BEAN BURGER, portabella mushroom, bocconcini, hash browns & roast tomato salsa	£7.95v
'MIGHTY JANES', 8oz prime beef burger, hickory smoked bacon, char grilled chorizo, hash browns, onion rings & double cheese.....	£10.95

IN BREAD

served with homemade slaw & rustic fries.

MARY JANES BREAKFAST SANDWICH, smoked bacon, cumberland sausage, hash brown, hp sauce & fried egg, homemade baked beans & fries	£7.95
TANDOORI BAKED CHICKEN WRAP, onion bhaji, mango chutney, minted yogurt & shredded iceberg lettuce	£7.95
PLOUGHMAN'S BLOOMER, mature cheddar, homemade pickle, red onions, beef tomato & sliced boiled egg	£5.95v
BIRDS EYE FISH FINGER (5) CIABATTA, ketchup & tartare sauce, minted mushy peas	£6.50
'THE ULTIMATE STEAK SANDWICH', char grilled rib eye, toasted focaccia, roast red onions, roquette & horseradish	£9.50



add fried egg: 50p | add melted blue cheese: 50p

SALADS

MOROCCAN SPICED CHICKEN SALAD, merguez sausage, cous cous, chick peas & baby leaves, orange, cumin & yogurt dressing	£8.95
WARM SALAD OF OAK ROAST SALMON, watercress, crispy potatoes & beetroot, horseradish butter dressing	£9.95
ASIAN BEEF SALAD, bok choy, bean shoots, sesame oil, coriander & crispy noodles	£8.95
WARM SALAD OF BASIL ROASTED VEGETABLES, crumbled goats' cheese, puy lentils, warm garlic & parsley vinaigrette	£7.95v

SIDES (v)

SKINNY FRIES & ROAST PIMENTO AIOLI	£2.95	ONION RINGS, REGGAE REGGAE SAUCE	£2.95
HOMEMADE BAKED BEANS	£1.95	HOMEMADE COLESLAW	£1.95
BUTTERED PEAS, BROAD BEANS & CARROTS	£2.95		

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ALL OF OUR FOOD IS FRESHLY MADE ON THE PREMISES EVERY DAY. v – SUITABLE FOR VEGETARIANS. SOME DISHES MAY CONTAIN NUTS.

* Although we try our hardest, we cannot guarantee that our freshly prepared fish is free of bones. Please watch out!

MARY JANES 124-127 MINORIES, LONDON, EC3N 1NT / TEL: 020 7481 8195